## Parliament of Victoria

## Are you aged 60 and over? Or know someone who is?

The Victorian Parliament is doing an inquiry into support for older Victorians from culturally diverse communities and would like to hear from you.

We encourage you to share your ideas and experiences about what would help you live happily, including:

- What are some of the everyday challenges for you and your parents/ grandparents?
- Do you feel safe in your community?
- Do you know where to find support?
- How can services be improved?
- Do you have access to, and know how to use a computer?
- What do you do to stay socially, physically and mentally active?

You can submit your ideas in your preferred language. You can choose to:

- write a letter or email
- complete our survey, or
- record a video.

Your submission will inform recommendations to the Victorian Government on how to better support older Victorians from culturally diverse backgrounds.

Submissions can be made until 31 January 2022.

## Find out more

For more information, go to <u>parliament.vic.gov.au/oldervictorians</u>

If you have any questions, please contact us by email <u>oldervictoriansinquiry@parliament.vic.gov.au</u> or phone (03) 8682 2843.

All submissions are treated as public documents but you can request confidentiality. Your personal information will not be published or shared with other government agencies.

