

**Submission  
No 44**

**INQUIRY INTO SUPPORT FOR OLDER VICTORIANS FROM MIGRANT  
AND REFUGEE BACKGROUNDS**

**Name:** Name withheld

**Date Received:** 3 December 2021

Name  
withheld

Microsoft Forms

1. Name \*

2. Email \*

3. Postal address \*

4. Phone number

5. Are you a carer/family member helping an older Victorian fill in this survey?

6. Are you an older Victorian from a culturally diverse background? If yes, what is your age and cultural background?

7. What are some of the everyday challenges for you and your parents/grandparents?

For daily life it is ok, I can almost fit my own needs, but I am a Parent-paid immigrant, so I need to work, and I am so happy can make my tinny healing business in Melbourne city. My problems are about my business: 1. language problems; Insufficient legal information for business; 2. not having a working assistant; 3. fear of making a mistake in law; 4. Despite participating in the Victorian government's very good support programs, not being able to benefit well, because I can't understand well; 5. No matter how hard I try to keep up with the change in the world, not being able to keep up and more... I am writing to you, but I am not sure if I am writing in the right place, if you show me a way, I will be very happy, I hope I can continue my business and live on my own feet, so I really need some help to let my business continue to help me and help others... I can speak Tatar, Uyghur, Turkish and Chinese...

8. What makes you feel safe in your community?

People know and understand each other.

9. Do you have access to adequate healthcare?

Yes

10. Do you know where to find support?

For daily life, I am not sure, For business, I know some organisations can help learn how to do business;

11. How can services be improved?

No idea;

12. Do you have access to, and know how to use a computer? What would help you do this?

Yes, but it is not enough for business writing, advertising and more;

13. What do you do to keep socially, physically and mentally active?

Last year I worked so that my business could survive every day, don't have any time to do some activities, but try to call my family members and friends every 2-3 days. Sometimes I feel a Mental breakdown; I'm mad at myself for not doing my job well...

14. What more could be done to help you live happily?

If I can know how can I grow my business, let more people know there have a place that can help other's get a fiscally and mentally good feeling, and earn my own life while therapy to others...

15. Is there anything else you would like to add? \*

Thanks for the help!